Make Your Holidays Brighter

Tuesday, Nov. 28
10 to 11 a.m.

Dementia Caregiver Coffee

CGH Health Foundation Community Room, 2600 N. Locust St., Sterling

Join us for a presentation on

Effective Communication Strategies

Register by calling
CGH Dementia Navigator Beth Sterk at 815/625-0400, x3977

by Aileen Zei

Education & Community Volunteers Manager for the Alzheimer's Association Illinois Chapter

ALZHEIMER'S ASSOCIATION
Illinois Chapter

CGH Health Foundation
Your partner in good health